

# Healthy Families at Children's Trust

## Grow great kids from the start!

From pregnancy and beyond, Healthy Families helps create strong foundations for kids to learn and grow. Home visitors offer support to expectant moms with education and connections to community services...completely FREE!



As a parent you want what is best for your new baby. Your Healthy Families home visitor can answer questions, calm fears, connect you to resources, or just listen.

If you are interested in more information about Healthy Families, just answer the following questions and return this flyer to your care provider.

Today's Date: \_\_\_\_\_ Baby's Birth Date: \_\_\_\_\_ Caregiver's Birth Date: \_\_\_\_\_

First and last name: \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone number: \_\_\_\_\_

Marital Status:  Married  Single, separated, divorced or widowed

Prenatal Care:  Began during first trimester  Began after first trimester or none received

This is my first child.  Yes  No

I have serious financial concerns.  Yes  No

I have serious family stressors.  Yes  No

I currently or have previously felt down or sad.  Yes  No

There are people in my life I can count on for help.  Yes  No



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Email completed form to [lisa.denny@roact.org](mailto:lisa.denny@roact.org) or fax: 540-344-3520